

# **Grade 4**

## **SCHOOL DISTRICT OF MILTON**

### **HUMAN GROWTH AND DEVELOPMENT**

#### **PHILOSOPHY**

The School District of Milton's curriculum is presented to supplement the parents' role as primary educators in Human Growth and Development. The school's role is to provide accurate information; the parent's role is to share, explain, and infuse family values. The curriculum has strong strands of abstinence and decision making. Many decisions, which at the time seem unimportant, have the ability to be devastating to an unprepared young person. The decision-making model encourages decisions which are:

- Safe
- Healthy
- Legal
- Respectful of self and others
- Following parental guidelines

#### **RATIONALE**

From conception to death, sexuality is a normal and natural part of being human. All individuals experience changes in their bodies, their relationships, and their sexual feelings. Society, however, often gives them mixed messages and very little specific information about how to deal with their sexuality. Individuals need an opportunity to learn about human sexuality in a factual manner so they can further develop a personal standard of behavior based on family, religious, and educational experiences.

It is important to recognize the acknowledged role of parents as the primary human growth and development educators of their children. Thus, curriculum materials presented in the classroom are designed to supplement and further the aims of parents in providing children with a balanced and thoughtful program.

The emphasis, therefore, of the School District of Milton's Human Growth and Development curriculum is twofold. The first component is presenting factual information without personal bias. The second is helping students learn how to use decision-making skills based on this information, including using these skills to analyze all alternatives. Abstinence – making the choice not to become sexually active – must be recognized as the best alternative, as well as the only 100% effective way to prevent pregnancy and sexually transmitted diseases.

The intent of instruction is not to teach specific personal values but to support the basic human values of healthy behavior, responsibility, honesty, and citizenship. Responsible individuals will not exploit others; will share their thoughts and feelings; and will not purposefully engage in behaviors that may threaten public health.

#### **GOAL**

To provide a developmentally appropriate K-12 instructional program that will include topics related to human growth and development in order to promote accurate and comprehensive knowledge and responsible decisions, and to support efforts of parents to provide moral guidance for their children.

#### **OBJECTIVES**

As related to the designated human growth and development curriculum:

- To increase self-awareness and build self-esteem
- To teach responsible decision-making skills
- To develop skills which lead to healthy interpersonal relationships, including an awareness of issues surrounding sexual harassment and sex stereotypes

- To teach facts about human sexuality, including reproductive systems, the fertility cycle of a woman, male responsibility, conception, prenatal development, childbirth, available prenatal and postnatal support, pregnancy risks, human development from conception through adulthood, and sexual orientation
- To teach facts about sexually transmitted diseases, including HIV/AIDS
- To encourage and explain the advantages of the postponement of active sexual involvement during adolescence through abstinence and sexual restraint
- To teach the skills and responsibilities required of parents, including facts about birth control and natural family planning
- To provide opportunity for discussion and questions related to protective behaviors
- To discuss safe and responsible use of technology, including internet safety

#### **FOURTH GRADE CURRICULUM OUTLINE**

Human Growth and Development is taught in a one-day lesson at this grade level. Boys and girls are separated when teaching all objectives.

##### **Girls will**

- Be introduced to the female reproductive system and basic female anatomy.
- Discuss menstruation and menstrual products.
- Understand basic hygiene to keep the body healthy.
- Discuss the importance of exercise and nutrition.
- Discuss emotions and responsibility in the context of puberty.
- Discuss safe and responsible use of technology.

##### **Boys will**

- Understand basic hygiene to keep the body healthy.
- Discuss the importance of exercise and nutrition.
- Understand the importance of sports safety.
- Be introduced to basic changes to the male anatomy.
- Discuss safe and responsible use of technology.

**Note: The boys' lesson is part of the general health program and does not begin discussion of human sexuality.**

**For more detailed information, please contact the classroom teacher.**

#### **PARENTAL PERMISSION**

Working together, we can promote positive attitudes about human growth and development. We recognize the delicate balance and approach which must be taken toward sensitive issues. We also recognize our responsibilities to support parental and family concerns and value systems.

As parents, you have the right to decide if your child will participate in the School District of Milton's Human Growth and Development Program. We honor your right to make that decision. You will be given the opportunity to preview the curriculum. Alternative programming may be designed, with parental involvement, for students who do not participate in this unit.

**It is your responsibility to contact your child's teacher regarding this alternative programming.**

**Please see enclosed insert if you choose alternative programming for your child.**

## **GUIDELINES FOR THE USE OF ANONYMOUS QUESTIONS**

The following guidelines were created to assist staff members as they respond to students' questions in regard to sexuality issues in grades 4-9:

- Students may write questions and give them to the teacher prior to the answer session. This gives the instructor the opportunity to consider appropriate responses to students' questions.
- Questions should be answered simply and factually. If more information is needed by students, more questions will be forthcoming.
- When students ask questions reflecting personal, sexual values, they will be referred to their parents and their religious leaders.
- Not every question asked by students needs to be answered.
- Questions regarding the sexual experiences of any particular person – including the instructor – should not be answered.
- Clinical definitions for slang terms should be provided.
- Students will be aware of the purpose of and guidelines for the anonymous questions.

### **1985 WISCONSIN ACT ON ENACTMENT: UNANIMOUSLY PASSED – NOVEMBER 12, 1985 (Senate Bill 237 – February 2012)**

#### **Highlights**

##### **(1) PURPOSE:**

- Provide accurate information
- Support/enhance efforts of parents

##### **(2) SUBJECTS:**

- Program shall offer “age appropriate” instruction
- Program recommended topics
- Program required topics

#### **118.019 Human Growth & Development Instruction**

**(1) PURPOSE:** The purpose of this section is to make available to pupils instruction in topics related to human growth and development in order to provide “medically accurate” information and comprehensive knowledge in this area; responsible decision making; support and enhance the efforts of parents to provide moral guidance to their children; foster a partnership between parents and the school district to promote the optimal health and well-being of pupils.

**SUBJECTS:** A school board may provide an instructional program in human growth and development in grades kindergarten to 12. If provided, the instructional program shall offer “age appropriate” information, which may include instruction in any of the following areas:

- (a) Self-esteem, personal responsibility, positive interpersonal skills, and healthy relationships
  - (b) Reproductive and sexual anatomy and physiology
  - (c) Positive connection between marriage and parenting
  - (d) Importance of communication about sexuality between the pupil and pupil's parents
  - (e) Benefits and reasons for abstaining from sexual activity
  - (f) Nature and treatment of sexually transmitted infections
- If provided, the instructional program shall include:
- (a) Abstinence from sexual activity as the preferred choice of behavior for unmarried pupils
  - (b) Abstinence before marriage is the only reliable way to prevent pregnancy and sexually transmitted diseases, including HIV/AIDS (added 1990 AB 461)
  - (c) Parental responsibility and socioeconomic benefits of marriage for adults and their children
  - (d) Criminal penalties for engaging in sexual activity involving a child and sex offender registration requirements
  - (e) Pregnancy, prenatal development, and childbirth
  - (f) Stereotypes, protective behavior, and bullying

**(3) PARENTAL CONNECTIONS:**

School to provide:

- Curriculum outline
- Information as to how parent may inspect materials
- Access to materials
- Explanation of exemption

**(3) DISTRIBUTION OF CURRICULUM TO PARENTS:** Each school board that provides an instructional program in human growth and development shall annually provide the parents of each pupil enrolled in the school district with an outline of the human growth and development curriculum used in the pupil's grade level information regarding how the parent may inspect the complete curriculum and instructional materials. The school board shall make the complete human growth and development curriculum and all instructional materials available upon request for inspection at any time, including prior to their use in the classroom.

**(4) PUPIL EXEMPTION:**

- If parent files written request, no student may be required

**(4) EXEMPTIONS FOR INDIVIDUAL PUPILS:** No pupil may be required to take instruction in human growth and development or in the specific subjects under sub. (2) or (2m) if the pupil's parent files with the teacher or school principal a written request that the pupil be exempted. An exempted pupil will still receive instruction on how to recognize, avoid, prevent, and halt physically or psychologically intrusive or abusive situations.

**(5) ADVISORY COMMITTEE:**

- Board of Education shall appoint an ad hoc advisory committee to advise board on design and review of human growth and development curriculum every three years

**(5) ADVISORY COMMITTEE:** Each school board shall appoint an ad hoc advisory committee composed of parents, teachers, school administrators, pupils, health care professionals, members of the clergy, and other residents of the school district. No category shall constitute more than one fifth of the committee. No more than one quarter of the members may be made up of employees of the school district or board or their spouses. The committee's role is to advise the board on the design and implementation of the human growth. The advisory committee shall review the curriculum every three years.

**A special thanks to the members of the 2011-2012 Human Growth and Development Advisory Committee:** Mary Hackman (Student), Matt Biederwolf (Teacher), Dr. Randy J. Bartels (Administrator/Co-Chairperson), Nathan Crandall (Clergy Representative), Greg Devine (Teacher), Sherry Adamson (Parent/Community), Holly Nelson (Teacher), Betsy Lubke (Board Representative), Kristen Robinson (Parent/Community/Co-Chairperson), Jackie LaDew (Teacher), Pat Lanser (Health Care Professional), Dr. Daniel Staddler (Parent/Community), Tyler Wagner (Student), Dr. Michael S. Garrow (District Administrator)

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