




# Milton Nutrition Team

## K-12 Breakfast Menu

### October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	3 MVP Cinnamon Bun Applesauce Cup 100% Fruit Juice	4 Giant Vanilla Goldfish Yogurt Cup Fruit Cup 100% Fruit Juice	5 Bug Bites Cereal Bowl Applesauce Cup 100% Fruit Juice	6 Assorted Small Muffin Yogurt Cup Applesauce Cup 100% Fruit Juice
	10 Cinnamon Toast Crisps Peanut-Free Apple Bar Applesauce Cup 100% Fruit Juice	11 Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	12 Benefit Bar Applesauce Cup 100% Fruit Juice	13 Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice
16 Scooby Doo Grahams Cheese Stick Fruit Cup 100% Fruit Juice	17 Apple or Cherry Frudel Fruit Cup 100% Fruit Juice	18 Cinnamon Bun Applesauce Cup 100% Fruit Juice	19 Giant Vanilla Goldfish String Cheese Applesauce Cup 100% Fruit Juice	20 Small Muffin Yogurt Cup Banana 100% Fruit Juice
23 Whole Grain Bagel Yogurt Cup Fruit Cup 100% Fruit Juice	24 Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice	25 Ultimate Breakfast Round Applesauce Cup 100% Fruit Juice		
30 Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	31 Bug Bites Yogurt Cup Apple Slices 100% Fruit Juice	