






Milton Nutrition Team

K-12 Breakfast Menu

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	5
	Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	Apple or Cherry Frudel Fruit Cup 100% Fruit Juice	Bug Bites Cereal Bowl Applesauce Cup 100% Fruit Juice	Benefit Bar Applesauce Cup 100% Fruit Juice
8	9	10	11	12
Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	Giant Goldfish String Cheese Applesauce Cup 100% Fruit Juice	Whole Grain Bagel Yogurt Cup Fruit Cup 100% Fruit Juice	Assorted Cereal Bowls Cheese Stick Fresh Red Grapes 100% Fruit Juice	Glazed WG Donut Applesauce Cup 100% Fruit Juice
15	16	17	18	19
	Bug Bites Assorted Cereal Bowls Fruit Cup 100% Fruit Juice	Small Muffin Yogurt Cup Banana 100% Fruit Juice	Cinnamon Toast Crisps Cheese Stick Applesauce Cup 100% Fruit Juice	
22	23	24	25	26
Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	Cinnamon Toast Crisps Cheese Stick Fruit Cup 100% Fruit Juice	Bug Bites Assorted Cereal Bowls Applesauce Cup 100% Fruit Juice	Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice
29	30	31		
Whole Grain Bagel Yogurt Cup Fruit Cup 100% Fruit Juice	Benefit Bar Fresh Apple Slices 100% Fruit Juice	Scooby Doo Grahams Yogurt Cup Applesauce Cup 100% Fruit Juice		