



Milton Nutrition Team

K-12 Breakfast Menu

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day/No School Breakfast \$1.40 Serving Times K-3 8:10-8:35 4-6 8:15-8:45 7-8 7:05-7:25 9-12 7:05-7:35	3 Assorted Benefit Bars Craisins 100% Fruit Juice	4 Assorted Whole Grain Muffins String Cheese Applesauce 100% Fruit Juice	5 Ultimate Breakfast Rounds Fresh Sliced Apples 100% Fruit Juice	6 Assorted Cereal Bars Yogurt Cup Craisins 100% Fruit Juice
9 Banana Bread Slice Applesauce 100% Fruit Juice	10 Scooby Doo Grahams String Cheese Craisins 100% Fruit Juice	11 Mini Cinnis Applesauce Cup 100% Fruit Juice	12 Assorted Cereal Bowls String Cheese Banana 100% Fruit Juice	13 Whole Grain Doughnut Craisins 100% Fruit Juice
16 Cherry Frudel Applesauce 100% Fruit Juice	17 Giant Goldfish Crackers Yogurt Craisins 100% Fruit Juice	18 Assorted Benefit Bars Applesauce Cup 100% Fruit Juice	19 Cinnamon Toast Crisps String Cheese Fresh Grapes 100% Fruit Juice	20 Zucchini Bread Slice Craisins 100% Fruit Juice
23 Assorted Cereal Bars Yogurt Cup Applesauce Cup 100% Fruit Juice	24 Mini Cinnis Craisins 100% Fruit Juice	25 Bug Bites String Cheese Applesauce Cup 100% Fruit Juice	26 Assorted Whole Grain Muffins String Cheese Fresh Sliced Apples 100% Fruit Juice	27 Ultimate Breakfast Rounds Craisins 100% Fruit Juice
30 Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	A good breakfast will help to jump start your day.			School Breakfast is a good way to start the day..

Low-Fat or Fat-Free 8 oz Milk varieties offered daily with meal

This institution is an equal opportunity provider.