



Milton Nutrition Team

K-6 Lunch Menu

September 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| 2 | 3 | 4 | 5 | 6 |
|  | Hamburger on a Whole Grain Bun Baked Chips Steamed Carrots Applesauce NIS2-Grab 'N Go | Grilled Cheese on a Whole Grain Bun Tri-Taters Green Beans Diced Pears NIS2-Big Daddy's | Whole Grain Cheese Stuffed Bread Stick Marinara Sauce Steamed Broccoli Diced Peaches NIS2-Grab 'N Go | Popcorn Chicken Mashed Potatoes Steamed Corn Mandarin Oranges NIS2-Big Daddy's |
| 9 | 10 | 11 | 12 | 13 |
| WG Cheese Quesadilla Spanish Rice Salsa/Sour Cream Steamed Carrots Pineapple NIS2-Big Daddy's | WG Chicken Nuggets Mashed Potatoes Steamed Corn Sliced Pears NIS2-Grab 'N Go | WG Macaroni & Cheese Steamed Broccoli WG Bread Stick Applesauce Fruit Slushy NIS2-Big Daddy's | Walking Taco Spanish Rice Salsa/Sour Cream Shredded Lettuce Refried Beans Mandarin Oranges NIS2-Grab 'N Go | Big Daddy's Pizza Garden Salad w/Dressing Steamed Green Beans Sliced Peaches NIS2-Big Daddy's |
| 16 | 17 | 18 | 19 | 20 |
| WG Mini Corn Dogs Potato Cubes Steamed Carrots Pineapple NIS2-Big Daddy's | French Toast Sticks Syrup Sausage Patty Tri-Taters 100% Juice Cup NIS2-Grab 'N Go | Popcorn Chicken Mashed Potatoes Steamed Corn Diced Peaches WG Dinner Roll NIS2-Big Daddy's | Happy Birthday! Hot Dog on a WG Bun Baked Chips Baked Beans Sliced Pears Fruit Slushy NIS2-Grab 'N Go | WG Pizza Sticks w/Marinara Sauce WG Bread Stick Steamed Broccoli Pineapple NIS2-Big Daddy's |
| 23 | 24 | 25 | 26 | 27 |
| Beefy Nacho Salsa/Sour Cream Spanish Rice Black Beans Applesauce NIS2-Big Daddy's | Grilled Chicken Patty w/gravy Brown Seasoned Rice Steamed Corn Sliced Peaches WG Dinner Roll NIS2-Grab 'N Go | Big Daddy's Pizza Garden Salad w/ Dressing Steamed Broccoli Mandarin Oranges NIS2-Big Daddy's | WG Breaded Chicken Patty on a WG Bun Tater Tots Steamed Carrots Diced Pears NIS2-Grab 'N Go | Salisbury Steak Mashed Potatoes Green Beans Pineapple NIS2-Big Daddy's |
| 30 | | | | |
| Cheeseburger on a WG Bun Potato Smiles Steam Broccoli Mandarin Oranges NIS2-Big Daddy's | September 18 th the Wellness Committee meets at District Office from 7-8:30. New members always welcome. | More Fresh Veggies will be offered at the elementary level starting in October. | Lunch is great but don't forget to grab breakfast to start your school day. |  |

Low -Fat or Fat-Free 8 oz Milk varieties offered daily with meal

This institution is an equal opportunity provider.