




Milton Nutrition Team

9-12 Lunch Menu

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
School Lunch provides daily servings of fruit, whole grains, and milk.	1 L1-BBQ Beef on a WG Bun L2- Breaded Chicken Patty L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	2 L1-WG Chicken Nugget Bowl L2- WG Chicken Nugget Bowl L3-Grab 'N Go/Salad Bar L4- WG Pizza Stick	3 L1-Chicken/Cheese Quesadilla L2- Meatball Sub L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	4 L1-Grilled Chicken on a WG bun L2- Chicken Fajita Wrap L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza
	8 L1-Taco Quesadilla L2- Hot & Spicy Popcorn Chicken L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	9 L1-WG Mini Corndogs L2- BBQ Rib Patty L3-Grab 'N Go/Salad Bar L4- WG Pizza Stick	10 L1-French Toast Sticks L2- Burrito's L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	11 L1-Orange Chicken L2- Orange Chicken L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza
14 L1-Breaded Chicken Patty L2- Pasta Bar L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	15 L1-Macaroni & Cheese L2- Chicken/Cheese Quesadilla L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	16 L1-Hamburger L2- Chicken Fajita Wrap L3-Grab 'N Go/Salad Bar L4- WG Pizza Stick	17 L1-Hot & Spicy Chicken L2- BBQ Rib Patty L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	18 L1-Red Hawk Bowl L2- Red Hawk Bowl L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza
21 L1-Hot Turkey w/Cheese Sandwich L2- Hot & Spicy Popcorn Chicken L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	22 L1-Chicken Nuggets L2- BBQ Chicken Wrap L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	23 L1-Orange Chicken L2- Orange Chicken L3-Grab 'N Go/Salad Bar L4- WG Pizza Stick		
28 L1-Mini Corndogs L2- Pepper Jack Burger L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	29 L1-French Toast Sticks L2- Taco Quesadilla L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	30 L1-Red Hawk Bowl L2- Red Hawk Bowl L3-Grab 'N Go/Salad Bar L4- WG Pizza Stick	31 L1-Breaded Chicken Patty L2- Bacon Cheese Burger L3-Grab 'N Go/Salad Bar L4- Big Daddy's Pizza	

Low-Fat or Fat-Free 8 oz Milk varieties offered daily with meal

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