





Milton Nutrition Team

7-8 Lunch Menu

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>School Lunch provides daily servings of fruit, whole grains, and milk.</p>	<p style="text-align: right;">1</p> <p>BBQ Beef Sandwich on a Whole Grain Bun Tater Tots Green Beans Sliced Pears</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">2</p> <p>WG Chicken Nuggets Mashed Potatoes Steamed Corn Cinnamon Applesauce</p> <p>MS2ChickenNuggets MS3-Grab 'N Go</p>	<p style="text-align: right;">3</p> <p>Cheese Quesadilla Spanish Rice Refried Beans Pineapple Salsa/Sour Cream WG Rice Krispie Treat</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">4</p> <p>Grilled Chicken Patty on a WG Bun Potato Cubes Steamed Carrots Strawberries</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>
<p style="text-align: right;">7</p> 	<p style="text-align: right;">8</p> <p>Happy Birthday! Hot Dog on a WG Bun Baked Chips Baked Beans Diced Peaches Fruit Slushy</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">9</p> <p>WG Mini Corn Dogs Potato Smiles Steamed Carrots Applesauce</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">10</p> <p>French Toast Sticks Syrup Sausage Patty Tri-Taters 100% Juice Cup</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">11</p> <p>Big Daddy's Pizza Garden Salad w/Dressing Steamed Green Beans Sliced Pears</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>
<p style="text-align: right;">14</p> <p>WG Breaded Chicken Patty on a WG/Bun Potato Cubes Baked Beans Sliced Peaches</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">15</p> <p>Macaroni & Cheese Steamed Green Beans WG Bread Stick Pears</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">16</p> <p>Hamburger on a WG/Bun Potato Wedges Steamed Carrots Applesauce</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">17</p> <p>Whole Grain Cheese Stuffed Bread Stick Marinara Sauce Steamed Broccoli Diced Peaches</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">18</p> <p>Popcorn Chicken Mashed Potatoes Steamed Corn Mandarin Oranges</p> <p>MS2-Popcorn Chix MS3-Grab 'N Go</p>
<p style="text-align: right;">21</p> <p>Hot Turkey w/cheese on a WG Bun Tri-Taters Steamed Broccoli Peaches</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">22</p> <p>WG Chicken Nuggets Mashed Potatoes Steamed Corn Sliced Pears</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">23</p> <p>Big Daddy's Pizza Garden Salad w/Dressing Steamed Carrots Applesauce</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">24</p> 	<p style="text-align: right;">25</p> 
<p style="text-align: right;">28</p> <p>WG Mini Corn Dogs Potato Cubes Steamed Carrots Pears</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">29</p> <p>French Toast Sticks Syrup Sausage Patty Tri-Taters 100% Juice Cup</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	<p style="text-align: right;">30</p> <p>Popcorn Chicken Mashed Potatoes Steamed Corn Cinnamon Applesauce</p> <p>MS2-Popcorn Chix MS3-Grab 'N Go</p>	<p style="text-align: right;">31</p> <p>WG Breaded Chicken Patty on a WG/Bun Tater Tots Steamed Broccoli Sliced Peaches</p> <p>MS2-Big Daddy's MS3-Grab 'N Go</p>	

Low-Fat or Fat-Free 8 oz Milk varieties offered daily with meal

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