







Milton Nutrition Team

K-12 Breakfast Menu

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Benefit Bar Craisins 100% Fruit Juice	4 Cinnamon Toast Crisps String Cheese Applesauce Cup 100% Fruit Juice	5 Whole Grain Bagel Yogurt Cup Fruit Cup 100% Fruit Juice	6 Assorted Cereal Bowls Cheese Stick Fresh Red Grapes 100% Fruit Juice	7 Mini Cinnis Applesauce Cup 100% Fruit Juice
10 	11 Bug Bites Assorted Cereal Bowls Fruit Cup 100% Fruit Juice	12 Small Muffin Yogurt Cup Craisins 100% Fruit Juice	13 Cinnamon Toast Crisps Cheese Stick Applesauce Cup 100% Fruit Juice	14 Apple or Cherry Frudel Fruit Cup 100% Fruit Juice
17 Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	18 Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	19 Scooby Doo Grahams Yogurt Fruit Cup 100% Fruit Juice	20 WG Cinnamon Roll Applesauce Cup 100% Fruit Juice	21 Benefit Bar Applesauce Cup 100% Fruit Juice
24 	25 	26 	27 Think about trying school offered breakfast in 2019!	28 
31 	Swing on by and try breakfast. You'll get filled up just in time for class to start.			

Low-Fat or Fat-Free 8 oz Milk varieties offered daily with meal

USDA is an Equal Opportunity Provider and Employer