

Milton Nutrition Team

K-12 Breakfast Menu

September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
				
4	5	6	7	8
	Benefit Bar Applesauce Cup 100% Fruit Juice	Cereal Bar Yogurt Cup Fruit Cup 100% Fruit Juice	Assorted Cereal Bowls Cheese Stick Craisins 100% Fruit Juice	Mini Cinnis Applesauce Cup 100% Fruit Juice
11	12	13	14	15
Scooby Doo Grahams Yogurt Cup Applesauce Cup 100% Fruit Juice	Bug Bites Assorted Cereal Bowls Fruit Cup 100% Fruit Juice	Whole Grain Bagel Yogurt Cup Banana 100% Fruit Juice	Cereal Bar Cheese Stick Applesauce Cup 100% Fruit Juice	Apple or Cherry Frudel Fruit Cup 100% Fruit Juice
18	19	20	21	22
Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	Cinnamon toast Crisps Yogurt Cup Fruit Cup 100% Fruit Juice	Assorted Cereal Bowl Scooby Doo Grahams Fruit Cup 100% Fruit Juice	Cinnamon Bun Applesauce Cup 100% Fruit Juice
25	26	27	28	29
Benefit Bar Applesauce Cup 100% Fruit Juice	Bug Bites Cheese Stick Fresh Red Grapes 100% Fruit Juice	Ultimate Breakfast Round Applesauce Cup 100% Fruit Juice	Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice	Scooby Doo Grahams Cheese Stick Fruit Cup 100% Fruit Juice

Low-Fat or Fat-Free 8 oz Milk varieties offered daily with meal

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