




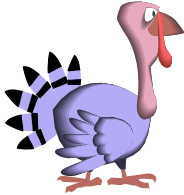



Milton Nutrition Team

K-12 Breakfast Menu

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
			Bug Bites Cereal Bowl Applesauce Cup 100% Fruit Juice	Scooby Doo Grahams Yogurt Cup Applesauce Cup 100% Fruit Juice
6	7	8	9	10
	Cinnamon Toast Crisps String Cheese Applesauce Cup 100% Fruit Juice	Mini Cinnis Fruit Cup 100% Fruit Juice	Assorted Cereal Bowls Yogurt Fresh Red Grapes 100% Fruit Juice	Benefit Bar Craisins 100% Fruit Juice
11	12	13	14	15
Scooby Doo Grahams Cheese Stick Applesauce Cup 100% Fruit Juice	Ultimate Breakfast Round Fruit Cup 100% Fruit Juice	Small Muffin Yogurt Cup Craisins 100% Fruit Juice	Cinnamon Bun Applesauce Cup 100% Fruit Juice	Assorted Cereal Bar Cheese Stick Banana 100% Fruit Juice
16	17	18	19	20
Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice			
21	22	23	24	25
Benefit Bar Applesauce Cup 100% Fruit Juice	Bug Bites Cheese Stick Craisins 100% Fruit Juice	Apple or Cherry Frudel Fruit Cup 100% Fruit Juice	Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice	Mini Cinnis Fruit Cup 100% Fruit Juice

Low – Fat or Fat-Free 8 oz Milk Varieties offered daily with meal

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