

Milton Nutrition Team

K-12 Breakfast Menu

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			Start your day off right by trying a school breakfast.	1 Glazed Whole Grain Donut Applesauce Cup 100% Fruit Juice
4 Assorted Cereal Bowls Cheese Stick Craisins 100% Fruit Juice	5 Giant Goldfish Crackers Yogurt Cup Applesauce Cup 100% Fruit Juice	6 Cherry or Apple Frudel Craisins 100% Fruit Juice	7 Scooby Doo Grahams Cheese Stick Fresh Grapes 100% Fruit Juice	8 Zucchini or Banana Bread Applesauce Cup 100% Fruit Juice
11 Cinnamon Toast Crisps Yogurt Cup Applesauce Cup 100% Fruit Juice	12 Whole Grain Bagel w/ Cream Cheese Craisins 100% Fruit Juice	13 Assorted Cereal Bowls Cheese Stick Applesauce Cup 100% Fruit Juice	14 WG Cinnamon Roll Craisins 100% Fruit Juice	15 
18 Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	19 Scooby Doo Grahams Appleway Granola bar Applesauce Cup 100% Fruit Juice	20 Giant Goldfish Crackers Cheese Stick Craisins 100% Fruit Juice	21 Benefit Bar Applesauce Cup 100% Fruit Juice	22 Small Muffin Yogurt Cup Fresh Apple Slices 100% Fruit Juice
25 Assorted Cereal Bowls Cheese Stick Applesauce Cup 100% Fruit Juice	26 Mini Cinnis Craisins 100% Fruit Juice	27 Cinnamon Toast Crisps Cheese Stick Applesauce Cup 100% Fruit Juice	28 Cherry or Apple Frudel Fresh Apple Slices 100% Fruit Juice	

Low-Fat or Fat-Free 8 oz milk varieties offered daily with meal

This institution is an equal opportunity provider.