
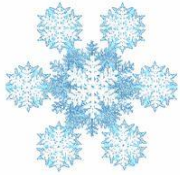





Milton Nutrition Team

9-12 Lunch Menu

January 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| 7 | 1 | 2 | 3 | 4 |
|  |  | HS1 Red Hawk Bowl HS2 Red Hawk Bowl HS3 Grab 'N Go/Salad Bar HS4 Cheesy Flat Bread | HS1 Mac & Cheese HS2 Pepper Jack Burger/Bun HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 Beefy Nachos HS2 Chicken Fajita Wrap HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's |
| 7 | 8 | 9 | 10 | 11 |
| HS1 Cheeseburger on a WG Bun HS2 Burrito Bowl HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 WG French Toast/Sausage HS2 BBQ Rib Patty HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 WG Mini Corn Dogs HS2 Meatball Sub HS3 Grab 'N Go/Salad Bar HS4 Cheesy Flat Bread | HS1 Pizza Stix w/ Marinara HS2 Buffalo Chicken Wrap HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 Orange Chix HS2 Orange Chix HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's |
| 14 | 15 | 16 | 17 | 18 |
| HS1 Chix Nuggets HS2 Pasta Bar HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 Cooks Choice HS2 Grab 'N Go/Salad Bar | HS1 Cooks Choice HS2 Grab 'N Go/Salad Bar | HS1 Cooks Choice HS2 Grab 'N Go/Salad Bar |  |
| 21 | 22 | 23 | 24 | 25 |
|  | HS1 Red Hawk Bowl HS2 Red Hawk Bowl HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 Hot & Spicy Chicken HS2 Meatball Sub HS3 Grab 'N Go/Salad Bar HS4 Cheesy Flat Bread | HS1 Hamburger on a WG Bun HS2 Taco Quesadilla HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 Orange Chix HS2 Orange Chix HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's |
| 28 | 29 | 30 | 31 |  |
| HS1 Chix Patty on a WG Bun HS2 BBQ Shredded Pork Sandwich HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 WG French Toast/Sausage HS2 Bacon Cheese Burger HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | HS1 WG Mini Corn Dogs HS2 Chicken & Cheese Quesadilla HS3 Grab 'N Go/Salad Bar HS4 Cheesy Flat Bread | HS1 Sloppy Joe on a WG Bun HS2 Hot & Spicy Chicken HS3 Grab 'N Go/Salad Bar HS4 Big Daddy's | |

Low-Fat or Fat-Free 8 oz Milk varieties offered daily with meal

This institution is an equal opportunity provider.