

Milton Nutrition Team

K-12 Breakfast Menu

September 2016

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bug Bites Cereal Bowl Applesauce Cup 100% Fruit Juice	2 Benefit Bar Applesauce Cup 100% Fruit Juice
5 	6 Cinnamon Toast Crisps Peanut-Free Apple Bar Applesauce Cup 100% Fruit Juice	7 Whole Grain Bagel Yogurt Cup Fruit Cup 100% Fruit Juice	8 Assorted Cereal Bowls Cheese Stick Fresh Red Grapes 100% Fruit Juice	9 Mini Cinnis Applesauce Cup 100% Fruit Juice
12 Scooby Doo Grahams Yogurt Cup Applesauce Cup 100% Fruit Juice	13 Bug Bites Assorted Cereal Bowls Fruit Cup 100% Fruit Juice	14 Small Muffin Yogurt Cup Banana 100% Fruit Juice	15 Quaker Granola Bar Cheese Stick Applesauce Cup 100% Fruit Juice	16 Apple or Cherry Frudel Fruit Cup 100% Fruit Juice
19 Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice	20 Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice	21 Cinnamon toast Crisps Yogurt Cup Fruit Cup 100% Fruit Juice	22 Assorted Cereal Bowl Scooby Doo Grahams Fruit Cup 100% Fruit Juice	23 Cinnamon Bun Applesauce Cup 100% Fruit Juice
26 Benefit Bar Applesauce Cup 100% Fruit Juice	27 Bug Bites Cheese Stick Fresh Red Grapes 100% Fruit Juice	28 Ultimate Breakfast Round Applesauce Cup 100% Fruit Juice	29 Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice	30 Scooby Doo Grahams Cheese Stick Fruit Cup 100% Fruit Juice