








Milton Nutrition Team

K-12 Breakfast Menu

November 2016

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
|  | 2 Assorted Cereal Bowls Yogurt Cup Applesauce Cup 100% Fruit Juice | 3 Scooby Doo Grahams Cheese Stick Fruit Cup 100% Fruit Juice | 4 Bug Bites Cereal Bowl Applesauce Cup 100% Fruit Juice | 5 Ultimate Breakfast Round Applesauce Cup 100% Fruit Juice |
| 7 Benefit Bar Fresh Apple Slices 100% Fruit Juice | 8 Cinnamon Toast Crisps String Cheese Applesauce Cup 100% Fruit Juice | 9 Whole Grain Bagel Yogurt Cup Fruit Cup 100% Fruit Juice | 10 Assorted Cereal Bowls Cheese Stick Fresh Red Grapes 100% Fruit Juice | 11  |
| 14 Scooby Doo Grahams Yogurt Cup Applesauce Cup 100% Fruit Juice | 15 Bug Bites Assorted Cereal Bowls Fruit Cup 100% Fruit Juice | 16 Small Muffin Yogurt Cup Banana 100% Fruit Juice | 17 Cinnamon Toast Crisps Cheese Stick Applesauce Cup 100% Fruit Juice | 18 Apple or Cherry Frudel Fruit Cup 100% Fruit Juice |
| 21 Assorted Cereal Bowl Cheese Stick Applesauce Cup 100% Fruit Juice | 22 Banana or Zucchini Bread Slice Applesauce Cup 100% Fruit Juice | 23  | 24  | 25  |
| 28 Benefit Bar Applesauce Cup 100% Fruit Juice | 29 Bug Bites Cheese Stick Applesauce Cup 100% Fruit Juice | 30 Assorted Cereal Bowls Yogurt Cup Banana 100% Fruit Juice |  |  |