









When To Stay Home From School (At A Glance Reference Sheet)



To help reduce the spread of illness to students and staff, please monitor for symptoms daily and stay home from school for the following reasons*:

Symptom	May return after...
 Fever of 100.4°F or higher	You have been fever free from 24 hours without fever reducing medication such as Tylenol/acetaminophen or Motrin/ibuprofen.
 Vomit / Diarrhea	You have not vomited for 24 hours, are diarrhea-free for 24 hours without the use of medication, and you are feeling well enough to actively participate in normal daily activities.
 Sore Throat, Swollen Glands, or Other Communicable Illness (CONTACT YOUR DOCTOR)	You have been on an antibiotic for at least 24 hours OR a healthcare provider has provided a note clearing you to return OR symptoms have significantly improved and you are feeling well enough to actively participate in normal daily activities.
 Persistent Cough / Congestion	Your cough is sporadic and no other symptoms are present and you are feeling well enough to actively participate in normal daily activities.
 Pink or Red Eyes With Discharge (CONTACT YOUR DOCTOR)	For pink/red eyes not associated with allergies or other benign causes, you may return when symptoms have significantly improved with no further drainage OR you have been on antibiotics for at least 24 hours.
 Rash (CONTACT YOUR DOCTOR)	Please consult with your healthcare provider regarding the cause of the rash. Please discuss with a District Nurse before returning to school.
 Positive for COVID-19	In accordance with the CDC and Rock County Health Department guidelines, you may return after day 5 of the required isolation period if you are without symptoms, or if you are significantly improving. You must be fever-free for 24 hours without medication. You must wear a mask when around others for the next five days.
 Household Contact of Communicable Illness	If a household member is diagnosed with a communicable illness or virus of concern (i.e. COVID-19, whooping cough, etc.) please follow the recommendations of the Rock County Health Department and consult with the District Nurse on when you may return to school.

*This chart includes common ailments and symptoms only. If you have questions about your specific illness or symptoms not included in this chart, please contact one of our District Nurses for guidance.